

## LIFE SKILLS ( PSHE ) – PREVENT AND BRITISH VALUES LESSON THEMES

Personal, Social and Health Education (PSHE) can be an effective way of providing pupils with time to explore sensitive or controversial issues, and equipping them with the knowledge and skills to understand and manage difficult situations. The subject can be used to teach pupils to recognise and manage risk, make safer choices, and recognise when pressure from others threatens their personal safety and wellbeing. They can also develop effective ways of resisting pressures, including knowing when, where and how to get help. Through PSHE, we encourage pupils to develop positive character traits such as resilience, determination, self-esteem, and confidence.

- The Fundamental British values are; democracy, the rule of law, individual liberty and mutual respect and tolerance of those with different faiths and beliefs
- An understanding of the importance of identifying and combatting discrimination
- Extremism is defined as, vocal or active opposition to these values.

Year Group	Lesson themes / ideas
<b>Year 7</b> Autumn Term  Summer Term	<b>Bullying</b> - Awareness of forms of bullying, strategies to stop bullying, where to get help. <b>Cyberbullying</b> - identifying cyber bullying and how to protect against it. <b>Street safety</b> - risks at home and on the street and how to protect oneself <b>Collapsed Day</b> – Diversity, EGR - tolerance and understanding of diverse cultures and ethnic groups <b>Sexting</b> - dangers and law regarding sexual images and digital footprint
<b>Year 8</b> Autumn Term  March	<b>Cyber safety</b> - (Online safety with social networking)-keywords to be included and reference that <b>Grooming can be radicalisation...</b> <b>On line Gaming</b> - dangers of potential grooming and sexual exploitation <b>Peer Pressure</b> - awareness of pressures including gangs and radicalisation, power of peer pressure <b>Collapsed day</b> - Safety Day- CEOPS-On line safety- references to PREVENT by police presenters.
<b>Year 9</b> Summer Term  July	<b>Domestic Violence</b> - reference to cultural differences to how a women should behave. <b>Sexting</b> – includes possible grooming and blackmail through sexting <b>Collapsed Day</b> -Prison Me No Way- get presenters (Police and Prison Officers) includes PREVENT, especially through CEOPS, Anti-social behaviour and other sessions where applicable. <b>Online safety</b> - social networking, grooming, sexual exploitation, cyber bullying, radicalisation
<b>Year 10</b> Autumn Term  Summer Term  July	<b>Child Sexual Exploitation</b> – exploitation by men who have different cultural views of women... <b>Diversity</b> - tolerance, prejudice and discrimination and Britishness. Radicalisation and extremism. <b>E safety</b> – reference awareness of grooming and radicalisation <b>Female Personal Hygiene</b> – reference to and awareness of FGM. <b>Domestic Violence</b> - abusive relationships and how to identify signs <b>Collapsed Day</b> - CEOPS , references to PREVENT by police presenters
<b>Year 11</b> Dec	<b>Collapsed Day</b> <b>Domestic Violence</b> – identifying abusive behaviour / situations, where to get help. <b>Prevent</b> - extremism and radicalisation, grooming and where to report and seek help.